

# Lydia

by Heather Douglas



A real lady never leaves the house without her... wrist warmers!

Remember the age of opulence with these Edwardian-inspired, pure cashmere wrist warmers. With twisted rib and faggot stitch cuffs, crochet picot edgings and matching pearl buttons, these wrist warmers are a touch of vintage luxury for you, or anyone else.

**Photographs:** Rosie Douglas

**Model:** Heather Douglas

## SIZE

Sizes: S/M (M/L)

To fit wrist size: 12-14cms(15 to 17cms)/4.75 to 5.6inches(6 to 6.75inches)

Shown in size S/M

## REQUIREMENTS

Yarn: 1 x 55g skein Skeinqueen Opulent 4ply (100% cashmere, 183m/55g) in colour: Seaspray

Needles: 2.5mm/US1.5 straight needles

Hook: 2mm crochet hook

Notions: 8 x 1.25cm/½ inch buttons

## TENSION

28sts and 32 rows = 10cm/4inches in stocking stitch

38sts and 38 rows = 10cm/4inches in pattern

## PATTERN NOTES

Beginner level crochet skills are required for edging and button loops. Alternatively, you can replace the edging with a knitted picot or other edging of your choice and seam the wrist warmers closed, using the buttons simply for decoration.

The twisted rib and faggot stitch pattern is worked over 6sts so you can make these wrist warmers wider or narrower very simply by casting on more or fewer sts.

## ABBREVIATIONS

Twisted Rib & Faggot Pattern:

Set-up Row (ws): \*p1, k1, p1, k3, rep from \* to last 3 sts, p1,k1,p1

Row 1 (rs): [k1tbl, p1] twice, yo, p2tog, rep from \* to last 3 sts, k1tbl, p1, k1 tbl

Row 2 (ws): [p1tbl, k1] twice, yo, ssk, rep from \* to last 3 sts, p1 tbl, k1, p1 tbl

Repeat rows 1 and 2 for stitch pattern. Do not repeat set-up row.

The standard list of Inside Loop abbreviations can be found at

[www.theinsideloop.com/abbreviations.html](http://www.theinsideloop.com/abbreviations.html)

## INSTRUCTIONS

### Cuff

Cast on 45(51)sts

Work in twisted rib and faggot pattern for 8cm/3¼inches (or to desired length), ending with rs facing.

Beginning with a knit row, work 2 rows st st.

**Frill**

Row 1 (rs): sl1k, kfb to last stitch, ktbl.  
Row 2 (ws): sl1k, p to last stitch, ktbl,  
repeat this for all even numbered /wrong  
side rows for the remainder of the pattern.  
Row 3: sl1k, yo, k2tog to last stitch, ktbl.  
Row 5: sl1k, k6, yo, k2tog, [k10, yo, k2tog]  
6(7) times, k6, ktbl.  
Rows 7 & 9: as Row 5.  
Row 10: sl1k, kfb of next 6sts, yo, k2 tog,  
[kfb of next 10sts, yo, k2tog] 6(7) times,  
kfb of next 6 sts, ktbl.  
Keeping the established eyelet pattern  
correct, work 5 more rows, ending with a  
wrong side row. Cast off.

**FINISHING**

***Crochet picot edging***

This is worked from right to left along the  
cast off edge of the frill.  
With right side facing, join the yarn in the  
first cast off stitch at the right end of the  
frill – ch 5, sl st back into the first cast off  
stitch, sl st into the next 4 cast off stitches,  
ch 5, sl st back into the same st. Repeat to  
end.

***Buttons***

Sew in place: 1 at bottom, 1 just below frill  
and the remaining 2 evenly spaced  
between. For right-hand wrist warmer, sew  
buttons onto right-hand edge of cuff, for  
left-hand wrist warmer sew buttons onto  
left-hand edge of cuff.

***Crochet button loops***

Work 4 button loops opposite to where the  
buttons are placed, as follows:  
Join yarn in bottom stitch of cuff (left side  
for right-hand wrist warmer, right side for  
left-hand wrist warmer) and sl st into the  
first stitch.  
Chain 5 sts then sl st into next stitch along.  
\*sl st along edge until opposite placement  
of next button (approx. 2/3 sts), ch 5, sl st

into next st along, repeat from \* twice  
more, until 4 button loops are made.

Block if desired.

**ABOUT THE YARN**

The Skein Queen has been busy in her  
royal workshop producing magnificent  
hand dyed yarns for your perusal. See more  
of her yarns in her online shop at  
[www.skeinqueen.co.uk](http://www.skeinqueen.co.uk) and sign up to her  
mailing list: [debbie@skeinqueen.co.uk](mailto:debbie@skeinqueen.co.uk) to  
be the first to know about shop updates.

**ABOUT THE DESIGNER**

Heather learned to knit as a small child but  
got seriously into it as a teenager - mainly  
as a way of avoiding studying. She's been  
using it as an avoidance technique for work  
and house cleaning for the last 20+ years.  
So far, it's working. Visit her blog at  
[www.dollydimpleknits.prettyposies.com](http://www.dollydimpleknits.prettyposies.com).

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